

Instructions for use

Renavit[®] coated tablets

water-soluble vitamins



Food for special medical purposes

Please read this leaflet carefully as it contains important information on the use of this preparation. Keep this leaflet. You may want to read it again.

Composition:	per 100 g		per tablet (0.47 g)	
Energy	140	kcal	1	kcal
	585	kJ	3	kJ
Fat	2.3	g	10.34	mg
of which saturated fatty acids	2.3	g	10.34	mg
Carbohydrates	29	g	130.5	mg
of which Sugar	20	g	90.00	mg
Protein	0	g	0	g
Salt	0.02	g	0.09	mg
Vitamin C	25.5	g	120.0	mg
Thiamine	0.47	g	2.2	mg
Riboflavin	0.36	g	1.7	mg
Nicotinamide	4.26	g	20.0	mg NE
Vitamin B6	2.13	g	10.0	mg
Folic acid	0.21	g	1000.0	µg
Vitamin B12	0.001	g	6.0	µg
Biotin	0.013	g	60.0	µg
Pantothenic acid	1.60	g	7.5	mg

Ingredients:

Vitamin C; separating agent: talcum powder; sugar; stabiliser: hydroxypropylmethylcellulose; filling agent: cellulose powder; nicotinamide; Vitamin B6; starch; pantothenic acid; colorants: calcium carbonate; palm oil (total hydrogenated); stabiliser: gum arabic; thiamine; riboflavin; folic acid; biotin; Vitamin B12; separating agent: silicon dioxide, magnesium salt of fatty acids; colorants: beetroot powder, safflower and citrus concentrate, isomalt; glazing agent: hydroxypropylcellulose; glucose syrup; rice starch; fatty acids; middle-chain triglycerides.

1. WHAT RENAVIT® IS AND WHAT IT IS USED FOR

Renavit® is a multivitamin supplement for the dietary management of water soluble vitamin deficiency in renal failure patients receiving dialysis. Patients with chronic renal failure frequently suffer from lack of water soluble vitamins. Dialysis patients may require regular supplementation of water soluble vitamins because:

- They commonly show a reduced supply of water soluble vitamins. Reasons for this include potassium-related dietetic restrictions (fruit, vegetables), as well as severe vitamin losses during meal preparation (e.g. soaking of potassium rich food).
- Large quantities of water-soluble vitamins are lost during dialysis treatment.
- Vitamin requirements are increased due to stress upon the metabolism.

2. HOW TO TAKE RENAVIT®

The usual dose is 1 tablet daily, swallowed whole (not chewed) with a little fluid after dialysis treatment.

3. POSSIBLE SIDE EFFECTS

There are usually no undesirable effects after taking Renavit®. If you do notice any unexpected effects, stop taking the tablets and tell your doctor or pharmacist.

4. HOW TO STORE RENAVIT®

Keep out of the reach and sight of children. Store in a dry place protected from light and not above room temperature (22° C). Do not use Renavit® after the expiry date which is stated on the box after best before and also imprinted on the white side of each blister of tablets.

The expiry date refers to the last day of that month.

5. IMPORTANT NOTICE

Only to be used under medical supervision. Renavit® is not a complete food and should not be used as the sole source of nutrition. Not suitable for patients under the age of 3.

6. MANUFACTURER AND UK/ IRELAND DISTRIBUTOR

Manufacturer: **RenaCare** NephroMed GmbH, Werrastr. 1a, 35625 Hüttenberg, Germany, info@renacare.com

UK/ Ireland Distributor: **Stanningley Pharma** Limited, BioCity, Pennyfoot Street, Nottingham NG11GF, info@stanningleypharma.co.uk